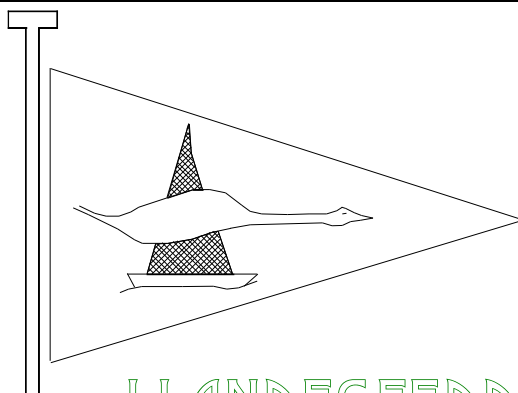


# 2003

News & Review

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# May NEWS

## LLANDEGFEDD SAILING CLUB

### Training notes

### Commodore's Letter

Congratulations are due to the following long list;

#### **RYA Powerboat 2**

Barbara Reece, Shereen Edwards, James Davy, Richard Sykes, Simon Stanley, Tom Spellar, Phil and Lisa Weston, Sean Tedstone.

#### **Instructor Coaching**

James Davy has completed the Instructor course, but not yet achieved the pre-assessment as there was no wind for him. I believe that James is already Instructing.

#### **Club Race Coach**

Phil Tilley and Bill Jackson are now fully fledged CRCs. They are fully up to date with latest techniques!

#### **Safety Boat**

Alan Bolton and Andy Howard completed this at Plas Menai in March, gaining a sun tan in the process.

#### **First Aid**

Ruth Howard. Again, there was no wind to permit successful completion of Instructor's pre-assessment.

#### **CRC renewal**

Andy and Alan went to the South West Zone conference and are also up to date.

#### **May Training**

This is FULLY BOOKED, but make the trainees welcome please during May. Offer them a sail?

The weather has been exceptional this spring. I renovated my dry suit, and bought a new polar suit to wear under it, and found it much too hot! The unseasonable sunshine has contributed to a very successful start to the season.

The numbers sailing and racing have been higher this year – 34 boats took part in the Spring races. It's great to see people race for the first time, and others get to grip with new boats. The lasers and radials seem particularly strong at present. I've also been pleased to see new faces at the front of the fleet.

At present it looks as though one of our aims *more people sailing* is being met. Let's hope that we can encourage more sailors to join us at the club. If you have any ideas about how we can make racing more attractive and enjoyable please tell Alan Bolton, the sailing secretary, or me.

Our other goal is *more people sailing better*. To help achieve this goal we ran a refresher course on 26<sup>th</sup> April. If you missed it, but want help setting up or getting used to your boat, please contact Andy Howard or Alan Bolton. They'll try and arrange for one of our instructors to spend some time with you. We've also had top Optimist coach Ollie Green at the Club. Some of the youngsters have trained hard with regional and national squads, and the hard work they put into training has already paid off.

In June we are running a race-training course on Sunday mornings. These courses are free. If you want to join a course, just turn up (though we'd prefer you to tell Andy Howard first so that we can plan the courses better).

If you haven't sailed yet, we look forward to seeing you at the lake.

*Gareth Edwards*

### Subscription Renewal

It's that time of year again. We have had a good response already – but there are some recalcitrant members who owe us a few pounds still. Please contact Bill if you have not received a form or find them in the club house on the notice board.

*Bill and Colin*

### Racing Courses

The Sailing Committee's task force has generated some standard courses which are about to be trialled. The Westerly and Easterly ones could be an interesting challenge! More news as it develops.

### Found

- Floating during a race, one Phatbastard grey beannie. Apply, Dan Edwards via [Commodore@llandegfedd.org.uk](mailto:Commodore@llandegfedd.org.uk)

### Safety

A reminder - all boats should be securely tied down to stakes that, for safety reasons, do not protrude above ground level. A short rope loop through a hole in the top of the stake will do the trick.

*Your Committee*

### Anyone for Saturday Sailing?

I received NO response to this! Editor.

### Welsh Youth Championships

Congratulations to the regional team that won the inter-regional event for South Wales! The reason we won (apart from excellent sailing on the water) was we had such a strong squad attend, so well done to everybody that went, including those that didn't count in the top 6.

I was delighted with the effort everyone put in on the water (it was awesome!) in, for most, the worst conditions you've sailed in, and waves don't get much bigger than that for dinghy sailing. Superb!

*Iwan Basten*

(Iwan is our Regional coach who has put a lot of enthusiasm into our local squad. Andy.)

### Current Youth plans

Over the May Day weekend our Toppers are at Grafham for the Inland National Championships.

The next week some of them are off to Rutland for the Eric Twiname trophy to represent Wales.

Best of luck to them!

### Results service, Racing tips

Mark has started emailing weekly results to members who want this service. If you don't already get the results by email and would like them forward your email address to Mark at [g.mark.williams@atkinsglobal.com](mailto:g.mark.williams@atkinsglobal.com)

Racers – remember that the start and finish line is the transit between the masts on the OD hut –the line can be angled in different directions! If in doubt check the handbook or web site for the Sailing Instructions.

ODs - remember to set the transit perpendicular to the wind direction whenever possible to avoid biased start lines. Boats can of course still be asked to sail through the A-B or A-Bank gate. Also try to vary the course from race to race to help ensure all types of boat get an enjoyable course.

*Mark*

### Welsh Youth Championships

#### Pwllheli 26<sup>th</sup> and 27<sup>th</sup> April

The Youth Championships are held on the open sea at Pwllheli. This year, the wind didn't fall below 15 knots all weekend, and peaked at 35 knots. The waves were very big and confused. Our contingent of 7 boats found the lumpy stuff quite different to the usual conditions on the lake.

Dave Hamersley won a prize as the second Radial sailor who is not in the national squad, and did well to complete the series in very challenging conditions. He beat several squad members. The course was held well offshore. While the reaches were exhilarating, the conditions were very challenging.

Special mention must go to Hannah Tilley, who sailed her first open sea regatta in waves which must have been bigger than her boat. She showed a lot of determination and guts to go out on the second day when the wind was stronger.

*Gareth*

### Work list

We nearly have the work list up and running. There is a board on the wall just next to the "back room" with the training equipment. ANY-one can place a job there that they have identified. Even better, we hope that EVERY-one will pick up a card from there and get stuck into a job. Share the Load.

Please have a look every now and again, so we can share the load.

### Optimist News

#### Racing

Optimist racing is now being held most Sundays at the club over the summer and on some occasions (the next one is May 18th) this is preceded by a race training session starting at 10:00.

#### CYRC

The travelling series starts 10 May, and has a total of 5 events in our Region.

#### Youth Programme

You should all have received a Youth Programme by now (if you haven't please let me know) and all the important dates for the season are listed there.

#### Optimist Scholarship

One Optimist Scholarship is still available for 2003 so if you have Stage 2 and want to race a fast boat for the rest of the season you had better get moving!

*Bill (Optimist Flottia Leader)*

## Training

### Race Officer (OD) training

Dave Downs did a lot of preparation last Autumn and has a very slick, professional training programme for budding ODs. It will be rerun soon, probably on a Sunday. This training will not only make being OD more pleasurable as you will not be overwhelmed, but may improve your knowledge of what is happening when racing your own boat!

Co-ordinate via Keith to show interest please.

### Club Race Coaching

Alan and Andy will be heading up this training in June, probably with assistance from other Instructors. ANY club sailor can come, and will probably benefit from a bit of practice and exchange of ideas.

Dates are shown on the sailing programme, 9:30 am;

- June 8<sup>th</sup>, 15<sup>th</sup>, and 22<sup>nd</sup>

The aim is lift the racing standard of whoever is interested. We can run it as "Start Racing", but will mostly concentrate on boat handling, tactics and general coaching. Co-ordinate via Keith to show interest and help us plan please.

### Youth Squad

There will be race training sessions run by Bill and Phil on the following Sundays, 10:00 to 12:30.

- May 4 & 18
- June 8 & 22
- July 5
- August 24
- September 7 & 21

With a charge of £2 per session to help cover fuel costs etc.

### Other Training

Keep asking, keep checking the web site and notice-boards!

### Co-ordinator

Keith is co-ordinator for all training this year. As a newly fledged Instructor we need to keep him busy!

## Care of RIB and other power boats.

It costs a full year's membership fee to replace propeller blades.

Just remember when you are near the shore, the engines MUST be in Neutral! Even better, switch off!

Putting a new keel band on and stopping the leaks costs many hundreds of pounds. Put the boat on a tyre to stop it grinding the bottom off on the shore.

Conserve fuel, its one of our major costs.

*Merwyn*

## WYA/Plas Menai Club Clinic

Five of us went to Plas Menai in Mid-March. This was the weekend that the summer started – a big change from last time I was there. Temperature must have been about 15 degrees during the day, wind Force 1 to even less. The list of the qualifications we gained is on the front page.

It was a very pleasant and relaxing weekend in the sunshine as we drifted up and down the Menai Straits. It was odd watching Phil and Bill in Laser Picos, and Ruth in a full rig Laser! Alan and I had a few moments Cat sailing in little wind, before we had to capsize it for recovery.

It was pleasant to meet sailors from other clubs and share ideas and experiences in the bar. It's a very good value for money weekend, just a long way away!

*Andy*

## News Group

Steve Clarke has set up a yahoo news group for the club. I will set up links to it from web site shortly.

The idea is to start discussions running on a variety of topics – you can start them yourself with your own hobby horses! Anything that increases the flow of ideas must be good for the club.

The link to start joining is below. It's a bit fiddly to join if you have not used the system before. You need to register on the Yahoo website first, AND THEN go back to the Llandegfedd Sailing group and join to that. Note that you can choose a name when you register, such as Captain Bligh. The system then runs under normal e-mail rather than being web based.

<http://groups.yahoo.com/group/llandegfeddsailingclub>

If you have any difficulties, ask Steve when he is not on his RS700.

## Forthcoming Racing Programme

### Youth CYRC

Any youth who can sail a triangle can enter this at LLANDEGFEDD on Sat 14 June

### June race times

Watch out for earlier starts for June 8 onwards – its 13:30 for a short pursuit race, back to back with a Handicap race.

### Regatta and Barbecue

Saturday 28<sup>th</sup> June we start at 11:00 for a whole days' sailing followed by a Barbecue. There is a Special Trophy and the entry fee goes to the Lifeboats! We will present the Trainees with certificates at the BBQ.

### Enterprise and Solo Open meeting

Sunday 29<sup>th</sup> June, starting at 11:00

SPRING PURSUIT & HANDICAP 2003				PURSUIT (5 RACES TO COUNT)										HANDICAP (5 RACES TO COUNT)									
HELM	CREW	BOAT	NUMBER	2-Mar	9-Mar	16-Mar	23-Mar	30-Mar	6-Apr	13-Apr	20-Apr	PTS	POS	2-Mar	9-Mar	16-Mar	23-Mar	30-Mar	6-Apr	13-Apr	20-Apr	PTS	POS
Ian Bevan	Liz	Dart18								14									18	9			
Alan Bolton	Judith	Enterprise	22894	2	4		OD2	3	5	5		16	4	2	7		OD2	3	9	6		20	4
Guy Boswell	Alice	L2000	2587	Dsq		15	10			R17													
Mark Williams		Laser	174498	3	6	5	4		4	3	4	18	5	4		4	1		5	1	4	14	2
Nigel Tinkler		Laser	167930	4	3	8		OD2		1	5	15	3	9	1	6		OD2		2		20	5
Martin Phillips		Laser	142760			14	12	10			R16					14	11		7	17			
Tim Morris		Laser	150555						9	13									13	R16			
A John		Laser	899							10											Dsq20		
		Laser	102597						13														
Alastair Collins	Chris	Laser 2	9289						Dsq22										16				
Sam Williams		Laser Rad	171870	11		10	9		12	8	8	46	11			13	10		14	R16	R15	68	11
Dave Hamersley		Laser Rad		9			8	7	OD2	9	9	35	9	8			7	6	OD2	7	10	30	7
Richard Sykes		Laser Rad	138167		9	12	OD2	8	14	7	10	36	10	14		12	OD2	8	15	10	9	41	9
J Davy		Laser Rad	175386		5		7	5	8		6	31	7		6		9	1	12		7	35	8
Dave Timson		Phantom	351								12												
Gareth Edwards	Joe/Dan	RS200	231			4		4	2					10		3			Dsq10	4			
Sean Tedstone		RS300	454				11																
Andy Howard	Ruth	RS400	474	7			3	1	1	2	2	9	1	7	3		5	4	1	3	2	13	1
Phil Tilley	Helen/?	RS400	591	1			2		Dsq 22		1			1			3		2		1		
Phil Weston	Lisa	RS400	747			13				R17	R16					11	R13		7	11	R15	57	10
Bill Jackson	Helen/?	RS400	951						Dsq 22														
Martyn	Osborne	RS700	773	10		11			OD2					15		8			OD2		11		
Steve Clarke		RS700	740						OD2					13					OD2				
Sean	Mo	Scorpion	1831	6																			
Keith Sykes	Mandy	Scorpion	1896	5	R12	9	5			OD2		33	8	11		7	4			OD2			
Martin Phillips		Solo	3331		OD2										OD2								
Dave Downs		Solo	2132		1	2			10						2	2							
Ray Howell	-	Solo	3807		OD2										OD2								
John Daniels		Solo	4020		2	1	1		3	4	3	10	2		R11	1	2		6	5	6	18	3
Colin Chapman	-	Solo	4001						11	11									10	R16			
Elvyn Morgan	-	Supernova	520			7	6	6	7		OD2	28	6	12		5	6	5	8		OD2	26	6
Cath Williams	-	Supernova	521		R12				6	12									11	4			
Steve Williams		Supernova	530			OD2		9								OD2							
Mike Farmer	-	Supernova	539							6	7										8	8	
Mike Robinson		Topaz	546				13				11						8					D15	
Richard Ash		Topper		8	OD2									3	OD2								
Nick Hamersley		Topper			7	6					R16			5	4	9					5		
Joe Edwards		Topper						2						6		10		2					
J Davy		Topper		OD2																			
Dan Edwards		Topper			8	3									5								