



LLANDEGFEDD SAILING CLUB

SPRING 2016 NEWSLETTER

The new season is fast approaching and we have a busy programme of racing and training to look forward to. The water level was dropped at the end of last season to allow works to take place on the water tower but the work went well and the water level is rising daily so there will be plenty of water at the start of the season. WW have built paths and steps and started to tidy the compound. Whilst no landscaping has been done the soil areas have turned green naturally so the compound is looking better. They also plan to build external stairs to the balcony which will be useful.

This newsletter generally brings together ad-hoc news and information for members but also includes a list of tasks and roles looking for volunteers. It takes considerable effort to run the club and the workload needs to be spread further. Please help if you can - just notify any member of the committee.

Finally, if you know anyone who used to sail or may be interested in sailing for the first time please encourage them to get involved - we need to keep growing!

Happy sailing!



Penelope has a new cover which can be unclipped from the transom, rolled up and tied to the cabin roof during racing. We are also fitting a new flag frame and hope to incorporate some form of anti bird netting over the cockpit and cabin. May get an owl too.









After some debate it has been decided that she won't have an engine for now but as previous years will be kept on a permanent mooring near #E. We are proposing to create at least one more fixed mooring - probably near #7 - so she can be moved there using the rescue boat when we have a south westerly.

Everything needed to run a race should be aboard including flags, sheets, pens, timer, a fixed radio and even tea making facilities! Also Andy plans to fit lights - as the OOD hut - which can be used for club racing. If you use her let me know if anything is missing.

Mark



Simple Guide to Those Race Flags!

Flag Ref	Flag	Meaning
AP		Race Postponed (2 hoots, 1 hoot down. Warning hoot 1 minute after removal = start of 5 minute sequence)
Orange		Start Line (On committee boat mast and PIN before start sequence and for duration of the race)
A		Asymmetric Fleet Flag (up with 5 minute warning hoot down at race start hoot) Note fly with G if combined start
G		Handicap Fleet Flag (up with 5 minute warning hoot down at race start hoot) Note fly with A if combined start
P		Preparatory (up with 4 minute warning hoot and down at 1 minute warning hoot)
First Sub		General recall (2 hoots up, 1 hoot down. Warning signal made 1 minute after removal)
X		Individual recall (up with 1 hoot – drop when all boats have started correctly)
S		Shortened course (2 hoots up).

Membership and Berths

Forms have gone out – please get back to Neil asap



Training

The training programme for 2016 is now set up – but no doubt it will be amended as we work through the year. You can see the main sailing sections of it on the club website under the Training Section. The dates are under “Schedule” and a description of the main formal sections is listed under the headings;

- Adult Beginners (do you have any friends that are interested? Or perhaps the parents of the juniors doing training?)
- Junior Beginners
- Advanced/Improvers (Adults and juniors)
- Race Coaching (Including the Topper 4.2 Racing squad)
- Power Boating

The power boating is not formally scheduled, please let us know if you need to have a Power Boat 2 qualification, and we get the Instructing Team to contact you and agree dates with you. The rest of the programme is lined up along the following lines;

- April we wish to do some revision with the people who learned to sail last year. This is whilst the training boats are not in use for brand new trainees.
- May to July we will concentrate on beginners, and hope that the training boats are in use on Thursdays for Juniors, and Saturdays for Adults
- After that we will move on to improvers/coaching and general encouragement. Depending upon who comes along, we can do different things and concentrate on for example, spinnakers / boat control / race coaching

We hope to increase our training fleet slightly this year to accommodate those who could not learn last year. It all takes time and work however! We can also advise newcomers on what boat to buy to progress further, and hope to have Pete Vincent on hand on Thursdays to provide information and guidance and take adult sailors for coaching.

Please contact Sarah at training@llandegfedd.org.uk and add yourself to the appropriate list - or have a chat and decide a suitable progression for yourself. Forms and costs are on the website, as well as a little information for each course. What we really want to do is encourage everyone to improve from wherever they are, and gradually progress to joining in the racing and being part of that section of the club.

Good sailing in 2016! **Andy**



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Topper 4.2 Race Squad

Following its successful introduction last year the club will again be running race coaching for young sailors in Topper 4.2's.



The squad is aimed at sailors aged 9-11 years old who have completed a RYA Level 2 course or an equivalent. Older sailors may apply.

Training sessions are on the following Saturdays between 09:30 and 16:00:

April 30, May 28, June 11, June 25, July 16, August 20 & September 10

There is a charge of £50 for all seven sessions, paid to the club in advance. Membership is an additional £10 if not already a family member.

There are 9 places available to sailors who do not have boats. Unlimited places to those with their own boats available (but must have a 4.2 sail).

Participation is by invitation only. Please contact Bill Jackson at coach@llandegfedd.org.uk for more details.

Bill



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OPEN MEETINGS 2016



Presidents Handicap Open Meeting

16th & 17th April.

Mixed courses with one fleet. Sub prizes for fleets of 5 boats or more.

First start 1pm Sat & 10.30am Sun.

Stride Treglown Welsh Open Topper Championship

4th & 5th June

RS100 Gul Inland Championship

9th & 10th July

First start 1pm Sat & 10.30am Sun

RS Vareo Volvo Noble Marine National Championship

27th, 28th & 29th August

First start 1pm Sat & 10.30am Sun/Mon

See club web site for more detail



Jobs Looking for Volunteers!

	TASK	FREQUENCY	OWNER(S)
Galley	get milk for galley	weekly	OOD?
Galley	ensure galley is stocked	monthly	
OOD stationary	ensure stationary available in OOD hut	monthly	
Prizes	purchase prizes and get them to events	as required	
Prizes	collect and engrave trophies	annual	
Power boats	arrange for engines to be serviced	annual	
Power boats	rescue boat bosun	as required	
Garage	manage garage	as required	
Buoys	maintain buoys and lay new ones	as required	
Publicity	manage publicity and external communication	as required	
Events	manage shore side in events	Presidents Open	
Events	Results calculator	Presidents Open	
Events	manage shore side in events	RS100 Inlands	
Events	manage shore side in events	Topper Champs	
Events	manage shore side in events	Rs Vareo Nationals	
OOD Hut	OOD Hut bosun	as required	
OOD Hut	Take lead on refurbishment	one off	
Radios	radio bosun	as required	
Training Co-ordinator	Email contact to help sign up trainees and confirm bookings etc	as required	
Janneau Trolley	Fit jockey wheel and stop wheels rubbing	one off	



Race Management

Everyone will agree that we need to grow as a club and the new facilities mean we now have a very attractive offering. The committee also believes that the quality of our club and open meeting racing is a key differentiator that sets us apart from other clubs in the region and that we must strive to maintain the standard of our racing. OODs, assistants and rescue crews please endeavour to:

- Arrive early and get everything in place for a punctual start
- Start races on time – ie first signal 5 minutes before scheduled start time. Only exception should be where an unforeseen change in wind means boats are genuinely struggling to make the start area despite launching in good time
- Put effort into setting a good course that racers will enjoy. Always try to:
 - Include a true beat even if this can't be the first leg of the course
 - avoid buoys close to windward shores – use X if that helps
 - give a start line of decent length without too much bias – easy if using Doris, more challenging from the hut but the transit is easy to adjust. Remember biased lines tend to favour the better sailors.
 - ask committee members for advice in course setting if required
 - be prepared to quickly tweak the course if there is a wind shift – don't though alter within the 5 min start sequence – abandon and start again if necessary
 - plan ahead if you need to change the course between back to back races so changes can be made quickly – excessive delay between starts frustrates and tires (if windy) competitors
- Have empathy with the racers – don't keep them hanging around. Reduce race duration if sailing conditions are difficult. 35 minutes racing in a Force 6 is actually very onerous.

Thanks Mark

Race Results

Tony has kindly agreed to manage our race results for another season. Tony gives us top quality and clearly presented results uploaded promptly after racing but we must make more effort to ensure the sheets we give him are clear. In particular:

- OODs must ensure the results sheets give full helm name, boat class and position for every entrant
- Competitors must ensure the OOD knows the helm name where this isn't obvious. If not don't expect a result.
- Competitors must advise the OOD when the rig being used isn't obvious – eg the two RS100 rigs look very similar.
- For Pursuit races every competitor should note who is directly ahead and directly behind at race end and check that the OOD has the same information. If not don't expect an accurate result.

Thanks Mark