

# **SAFE RACE MANAGEMENT**

## **Race Officer (RO)**

Overall responsible for race management and directing rescue crews where required. (So please read Rescue section below).

Link with the DCWW duty instructor before racing to understand other likely water activity and possible pinch points or considerations

Taking into account the sailing conditions and the number and the ability of race entrants consider if rescue provision is appropriate. If not try to arrange additional rescue cover but if this isn't possible restrict the number of inexperienced racers that take part. Discuss with a committee member where appropriate

If using Penelope ensure sufficient fuel is aboard, complete a radio check before leaving the mooring but also take a mobile phone with you as a backup should the radio fail. If alone on Penelope do not leave the main cockpit to go to the foredeck unless the rescue boat is alongside. Rescue crew to assist with mooring and casting off. If using the anchor winch ensure persons are well away from the bow before operating

When using the hut assist the rescue crew by keeping an eye on the launching Bay Area when the rescue boat is elsewhere. Assist the rescue crew as appropriate in prioritisation and pointing out issues the rescue crew may not be aware of. Where weather conditions worsen meaning the safety of the fleet cannot be assured by the available safety cover consider abandoning racing. Where lightning is likely to occur or is occurring near to the lake racing should be abandoned. If DCWW instruct that all boats return to the shore implement immediately.

If the rescue boat has a problem contact Water Sports and ask for assistance, if none available consider abandoning the race and instructing all boats to return to shore.

Abandoning racing - four horn blasts all three lights on and leave on until all are ashore. Ask rescue crews to inform competitors where possible.

Note that there is a list of club First Aiders at the end of this document.

## **Rescue Crew**

Arrive at least one hour before the scheduled race start time.

Rescue crews should be in wetsuits or drysuits as it may be necessary to enter the water.

Only individuals with Powerboat Level 2 training are permitted to drive LLSC power boats. At least one member of the crew has to be over 18. There must always be at least two crew in the primary rescue boat. The boat driver must wear the kill cord at all times while the engine is running.

Ask the Race Officer for any day specific or event specific issues or considerations in particular any inexperienced competitors needing closer supervision

Check rescue boat has more than sufficient fuel for the whole day or evening

Check the radio function by calling the RO on Channel 3 before launching. When using Penelope check for radio function before leaving her. Check the correct safety equipment is aboard. Including safety canister, safety knife, tow rope and throw line.

Launch rescue boat before competitors launch and don't come ashore until all are safely off the water

Be vigilant at all times. Patrol race course at low speed but quickly motor to capsized boats to be close by should they need assistance. Take care around other water users and limit speed within the launching bay. Continue to supervise the race course whilst standing off a capsized boat and should another boat capsize prioritise which to stand off or assist taking into account the situation of the boats and crew and crew experience.

Where necessary ask DCWW to provide assistance via radio Channel 3 which they should monitor. If no response try Channels 1 and 2.

Should the weather conditions worsen to the extent that the safety of the fleet cannot be assured with available rescue cover ask the RO to consider abandonment.

When giving assistance the rib engine must be turned off if a person is in the water in the vicinity of the rescue boat.

Where a boat cannot or should not be sailed in by the crew ideally secure the boat to a buoy and recover after all competitors are ashore. Only tow a boat ashore whilst others are still sailing if the conditions are very favourable and if approved by the RO.

However always prioritise people over boats so if other boats need assistance leave the boat upturned, take the crew in the rescue boat and advise the RO and DCWW that the crew have been safely moved to the rescue boat. Drop the crew onto Penelope or ashore as soon as possible.

Where crew concussion is suspected or is a possibility the individual should, where possible, be transferred to the rescue boat and taken ashore asap. The concussion protocol which is in a folder on Penelope and in the Hut should be referred to and the protocol followed.

Seriously injured or sick to be returned to the shore forthwith. Alert DCWW .

Note that there is a list of club First Aiders at the end of this document.

When Water Sports are on site there is a defibrillator in their booking office and first aid kit in the training room. If they are not on site there is a defibrillator in the visitor centre near the gate which is manned at all times.

If the rescue rib has a problem (e.g. engine failure) immediately inform the RO then try and paddle to shore.

## **List of First Aiders**

Andy Howard

Basil Sanderson-Wood

Ben Willett

Bill Jackson

Callum Kennedy

Chris Carrel

Colin Walsh

Dylan Fletcher

Gareth Williams

Jackie Rhodes

Jeff Titmus

Jonny Everett

Luke Chrichton

Matthew Sanderson

Oscar Carrel

Owen Harris

Peter Cruikshank

Phil Greenman

Rachel Wood

Rhys Powell

Sarah Green

Sian Carrel

Tommy Willett

Will Willett

Phil Greenman