Llandegfedd Sailing Club RTC Risk Assessment Daily Sheet

Group				Lead Instructor/Coach/Race	Officer	Date	
Training Group		Safety Cover Ratio		Wind Conditions		Water Quality	
Oppie Beginners	4	1:6 (or under)	1	Between 0 and 5 knots	0	Good quality	0
Topper Beginners	5	1:10	2	Between 0 and 10 knots	1	Poor (Blue Green Algae)	4
2 handed beginners	3	Free sailing with Safety cover	3	Between 0 and 15 knots	2	= -	
Beginners with Instructors in boat	1	No club safety Cover	4	Between 0 and 20 knots	3		
Junior Coaching	2			Between 0 and 25 knots	4		
Youth Coaching	3			Low Visibility 20m	8	Water State	
Adult Coaching	2			Low visibility 100m	4	Few waves	0
Low stability (29er etc)	4			Thunder& Lightening	9	Moderate Waves	2
Experienced Adults	1						
Enter Groups Risk Number		Enter Safety Cover Risk Number		Enter Weather Risk Number		Enter Water Risk Number	
Total Risk			Coach	Signature			

Any Total of 9 or under is manageable on the water

Any Activity scoring over 9 is un-manageable and no activity should take place on the water

Llandegfedd Sailing Club RTC Instructor and Coaching Safety Checklist

Training Date		AM PM		Phone nu	Radio		
Activity		Number of Bo	ats afloat	Water sports Centre	01633 373 408	Channel 3	
i/c				Parents			
Assistants				Rangers	01633 373 401		
Risk Assessment ke	ey points	Risk Con	trol		ne event of an Em	ergency	
	No			Consent forms are lo	ocated		
	No			Medical forms are lo	ocated	On WebCollect	
No				Person to take over or	shore is		
	No						
	No						