

RS200 and RS400 South West Region Regatta Sponsored by West Country Boat Repairs Saturday 10th July 2021

Llandegfedd Sailing Club and West Country Boat Repairs are delighted to welcome the RS200 and RS400 fleet to Llandegfedd for class racing.

1. <u>Entries / Registration</u>: Entry on the day; however visitors please e-mail racing@llandegfedd.org.uk or Facebook message to indicate your intention to race and gain the Welsh Water barrier access code.

2. COVID Specific rules:

Welsh government COVID laws and guidance at the time of the event will apply.

You must not attend Llandegfedd sailing club if any of the following apply:

- You have any COVID 19 Symptoms
- You have been in contact with a person who has tested positive for COVID 19 in the last 10 days
- You are required to be in quarantine following foreign travel
- Any local lockdown restrictions prohibit or advise against your travel to Llandegfedd.

All participants must take extra care over personal hygiene and social distancing.

- 3. <u>Facilities</u>: Limited outdoor changing behind screens may be available but no showers, so it may be better to arrive in sailing kit. Briefings and presentations are likely to be outdoors. The sailing club will not be providing any refreshments, however the Welsh Water café and take away at the entrance to the site will be open all day until 5:00pm
- 4. <u>Rules</u> ISAF Racing Rules of Sailing will apply, any changes will be included in the Sailing Instructions or included in the briefing.
- 5. Entry Fee − £20.

- 6. Briefing -12:15 on Saturday 10th July 2021.
- 7. <u>Sailing Instructions</u> The sailing instructions will only be available electronically either on the club, class association website or via class association email. Any changes to the Sailing Instructions after 12:00 on Friday 9th June will be communicated verbally at the briefing.
- 8. Warning signals First warning signal at 12:55 on Saturday 10th July 2021; the subsequent three races will be held back-to-back. (total of 4). It is expected that we will be required to be off the water by 5:00pm at the latest.
- 9. <u>Courses</u> It is intended to have windward leeward courses; further details will be given at the briefing.
- 10. No Sailing Areas Beyond the yellow Buoys near the dam wall and beyond the yellow buoys in the inlet on the Western (far) side of the reservoir. Also avoid the "mixer" on the far side towards the dam if required further details can be provided on the day.
- 11. Race length typically 30 50 minutes depending on conditions.
- 12. <u>Starts</u> Standard 5-4-1-GO sequence, the intention is for the RS200 fleet to start first with the GO for the RS200 being the 5 minute warning for the RS400. The PRO may amend this order.
- 13. <u>Scoring</u> The low points system in RRS Appendix A will apply with the exception that there will be one discard if three or more races are sailed. One race is sufficient to constitute a regatta and the award of prizes.

14. Prizes -

First and second places.

Further prizes may also be awarded

- 15. Distance to start less than 1 mile
- 16. <u>Rigging and launching</u> once you have dropped off your boat please do not leave cars in foreshore rigging area.
 - To ensure safety of the public and to adhere to social distancing boats must be rigged and de-rigged on the shore and not on the footpath along the foreshore.
- 17. <u>Insurance</u> Third Party Liability insurance with a minimum third party liability of £3,000,000 is mandatory. Please bring proof of dinghy insurance as the Dŵr Cymru Welsh Water staff may ask to see it.
- 18. A nearby pub, B&Bs and camping in Usk & Pontypool are within a few miles, further details can be provided on request; unfortunately camping or camper vans are not permitted on site.
- 19. <u>Safety</u> All must fully comply with safety rules for the site laid down by Dŵr Cymru Welsh Water.
- 20. <u>Risk Statement Rule 3</u> of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d. Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e. The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- f. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;